

8:00 a.m. Holy Eucharist (BCP)

9:15 a.m. and 11:15 a.m. Holy Eucharist (BAS)

Opening Hymn: #460 #460
The Gathering of the Community p185
"Glory to God" p186
The Collect: ***Merciful God, you have prepared for those who love you riches beyond imagination. Pour into our hearts such love toward you, that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.***

The Proclamation of the Word

First Lesson: Acts 16: 9-15
Psalm: Psalm 67 p788
Second Lesson: Revelation 21: 10, 22-22: 5
Gradual Hymn: #432 #37
The Gospel: John 5:1-9
Message
The Apostles' Creed p189
The Prayers of the People
Confession and Absolution
The Peace
Offertory Hymn: #435 #646

The Celebration of the Eucharist

Eucharistic Prayer #2 p196
The Lord's Prayer
Breaking of the Bread #8 p213
The Communion of the People

The Prayer after Communion

Closing Hymn: #341 #565

Readings for May 16, celebrating the Ascension of the Lord:
Acts 1:1-11; Psalm 47 or Psalm 93; Ephesians 1:15-23; Luke 24:44-53.

In the World: We pray for peace in the world. We remember Rowan, Archbishop of Canterbury and Mary Sherwood and her ministry in Madagascar. In the Anglican Cycle of Prayer we pray today for the Anglican Church of Korea. In our own country we pray for the people and clergy in the dioceses of the Council of the North. We remember our Canadian Forces in Afghanistan and their families at home.

In our Diocese: We pray for John our Bishop. Today we pray for the Church of the Resurrection, Ottawa and The Venerable Peter Crosby; for the Volunteers and Staff of the Parish and Diocesan Services Office: The Reverend Canon Dr. Bill Prentice, Neil Gorman, Leslie Worden, Lisa Chisholm-Smith, Andrew Stephens-Rennie and for all the Honorary Assistants to the Parishes of the Anglican Diocese of Ottawa.

In our Parish: We pray for Susan our Priest, and Sid our Honorary Assistant. We remember Elizabeth our Parish Administrative Assistant, Doug our Youth Director, our Liturgical Assistants, our Parish and Congregational Councils, our church musicians, our Kids' Church, the Apple Tree Ministry, Martha's, the Dundas County Food Bank, Naomi House, the Dundas County Hospice, the Pastoral and Spiritual Care Team at Winchester Hospital, our Prayer Ministry and our Pastoral Care Team. Today we pray for the South Dundas Evangelical Lutheran Parish and the Rev. Norine Gullons.

In our Extended Parish Family:

Sue McLaren, Syd Drennan, Carol Riddell, Gerda Cassell, Nancy Horton, Ronnie McPhee, Ralph Thompson, Penny Pinch, Sean Bradley, Michael VandeKamp, Kathy Picotte, Irene Bass, Patricia Hrynyk-Turpin, Mark Peters, Grace Langill, Curtis Neal, Micheline Cinnamon, Mary Laurin, Brenda Lavigne, Jeffrey Imrie, Patricia White, Peter Dawson, Angie, Tawnya Green, Brenda Loucks, Joanne Wiseman, Alan Chanter, Kevin Robinson, Anita Orendi, Bill Mongor, Cheryl Miller, Lise Brodeur, Mary Ace, Wendy Veldhoven, Donald Hodgson, Audrey Byers, Joel Bradley, Elizabeth Liezert, Mark Millward, Dorothy Reddick, Edna Gallinger, Carol Robinson, Stuart Peters, Scott Becksted, Attila Gadoczi, Marilyn Coir, Gabby Monette, Derek Fyke and Helen Lyng.

We pray especially today for Fred Guerin and Angela Hill who will be married at St. James' next Saturday.

This Week in the Parish (May 9- May 16)

Tuesday May 11 7:30pm Choir Practice at St. James'
Thursday May 13 10:30am Christian Meditation at St. James'
12:00 noon Martha's lunch at St. James'
7:30pm Parish Central Committee at St. John's
Friday May 14 7:00pm Youth Group at St. James'
Sunday May 16 8:00am Holy Eucharist at St. James'
9:15am Family Eucharist at St. James'
11:00am Holy Eucharist at Holy Trinity
11:15am Morning Prayer at St. John's
12:30pm Pot-luck welcoming lunch for the
Rev. Susan McCullough and her family.
7:30pm Ultreya Service at St. James'

Happy Mothers' Day!

You are all invited to a welcoming pot-luck lunch for Susan and her family after the services on **Sunday, May 16** at St. John's. Please plan to attend and bring a dish for the main course or for dessert.

Martha's is at St. James' this Thursday, May 13.

Soup-makers are needed for Martha's at St. James'. Martha's lunches are made possible by the free-will donations given at each lunch. Please keep this prayerfully in mind as we continue to enjoy the food, and fun at Martha's each week.

The Parish Central Committee will meet on Thursday, May 13 at 7:30pm at St. John's.

This month's **Ultreya** service will take place on May 16.

The next **Sunday Service Roster** for St. James' is being prepared earlier this time. Please contact Joyce LeRoy for any changes you would like to make in this next Roster. Phone: 613-543-2088 or email: jandelle55@yahoo.ca
Thanks to all who are willing to serve as readers, greeters, etc.

St. James' monthly Family Breakfast will take place on Sunday, May 30. Enjoy this great meal right after church!

The flowers on the altar at St. James' today are given in loving memory of Grace Deeks by Yvonne.

The flowers on the altar at St. John's today are given in loving memory of Ida Palmer by Ken and family.

The Hunt family would like to express their heartfelt appreciation to the church family and community for their many acts of kindness and compassion shown to us during our recent loss. We truly saw the face of Jesus many times in your acts of service and love.

Our Parish Youth Group meets Fridays at 7:00pm at St. James'. Contact Doug Peters for more information.

The **Christian Meditation Group** meets every Thursday morning at St. James' at 10:30am. All are welcome.

Parish Office Hours at St. James' are Tuesdays, Wednesdays and Thursdays from 10 a.m. to noon and 1 p.m. to 4 p.m. Please call or leave a message at 613-543-3904 or email: st.james@hotmail.com if you would like to contact Elizabeth Irwin. Our weekly bulletin is now available on the parish website: www.seawayanglicans.com.

We have hand sanitizers available for your use in our churches. Please remember that dipping the Communion bread in the Communion Cup is not permitted.

At St. James' each Sunday at the 9:15 a.m. service there is an opportunity for private prayer at Communion time. We invite you to join the weekly prayer team in the north-west corner of the church for confidential prayer for any personal concerns.

All singers are invited to join the **Seaway Valley Singers** annual **Hymn Sing** on Wednesday, May 26 at 7:30pm at Iroquois United Church. Practices: May 12 & 19 at Iroquois United Church. Donations go to the Winchester Hospital Auxiliary. Refreshments will be served.

The Morrisburg Amazing Grannies Event for May:

The Grannies, in support of the Stephen Lewis Foundation and the Front Door Fund in Zambia, are holding a workshop on **Iris Folding**. Iris folding is an easy paper folding technique that is used to make attractive greeting cards. You will make four beautiful cards that will impress your family and friends. You will be provided with all of the materials needed. Please bring your own scissors (two pairs: one very tiny such as nail scissors, and a second small pair), glue stick and Scotch tape. The workshop will take place in the basement hall of **St. James' at 1.00 p.m. on Friday May 14.** To register please call Jane Lee @ 613-543-3339 (spaces are limited). A \$20 donation is suggested.

The Morrisburg Christian Meditation Group wishes to invite you to an event to be held at **St. James' Church, Thursday, May 27, 10a.m. till noon** followed by a Pot-Luck Lunch.

This will include a time of worship, brief talks given by two meditators and a 20 minute silent meditation. Suzanne Strader of Morrisburg, will be giving a talk and showing the video on her 725km "Camino de Santiago" Walk which she completed last summer. Please RSVP Robin at robin.lane@persona.ca or phone 613-543-3412

"Love South Dundas" begins!

Once again the churches of South Dundas are working together to show God's love to our community through acts of service and kindness between May 23 and June 6. Be sure to wear your yellow "Love South Dundas" T-shirt, if you have one, at any of the activities. For more information contact the parish office or email Ruth Speer at speerb@personainternet.com.

An invitation from the "Love South Dundas" Team: The Bible tells us that we can do nothing without God and without his blessing. The most important part of any thing we do for God is our prayer. This is true for "Love South Dundas" as well, the two-week event when all the churches work together to share God's love with our community. One fun and powerful way we can lift "Love South Dundas" before God is through Prayer Walks. In a Prayer Walk we walk and drive through the villages and streets praying as we go. We begin with an orientation and end with refreshments. We plan to go out **each Sunday afternoon of May at 3pm** (for about an hour) beginning at a different corner of our Township as follows: May 9 from Knox Presbyterian, Iroquois; May 16 from the Williamsburg CRC with a final one on May 22 at 7:30pm starting from Morrisburg Pentecostal Tabernacle. You're invited to join us: no experience necessary and no need to be able to pray out loud.

The Morrisburg Amazing Grannies urge you to:

Strive to turn the Tide

This is a National Event, held in order to raise awareness of the plight of African grandmothers raising their orphaned grandchildren. It is a project in support of the Stephen Lewis Foundation. The goal is to walk the distance (accumulative mileage) of 8000km, which is equivalent to the distance across Canada.

In support of this project, there will be a **Family Stroll** beginning at 1pm **Sunday June 13.** The walkers will all start at the Amphitheater in the Morrisburg Waterfront Park and continue along Lakeshore Drive (at their own pace and distance).

For more information contact Robin Lane either at 613-543-3412 or robin.lane@persona.ca.

Registration is \$25.00 (which includes refreshments and a scarf, made especially for "Strive to Turn the Tide" by African Grandmothers). In order to be covered under the national insurance policy, **registrations must be in by May 15.**

Pledge online at www.grandmotherscampaign.org.

You are invited to come out on June 13 for the send-off which will include the well wishes of dignitaries and drummers!

"Imagine one Day"

Doug is Almost at **KINGSTON** on his way to Toronto!
There's no stopping that man!!

Doug Millard has joined an organization called **Imagine One Day (i1d)**, which builds schools for children in Ethiopia. Doug is part of a group of 15 that will be going to Ethiopia in September. In order to go, they must pay their own way and the team is obligated to raise \$100,000 toward building schools. To raise money Doug is running the equivalent distance from Cornwall to Toronto (450 km.). He will be running in his spare time, with the goal of completing the run in 100 days. Visit the website (www.imagine1day.org) and scroll to the bottom, click on Participant Pages and the team is listed there. Scroll down to Doug and go on the "Donate to my Goal" link. Doug (652-2350) will also have a donation pledge sheet available or you can put your donation on the collection plate clearly marked "Imagine One Day". Receipts will be issued.

LETS ALL SUPPORT DOUG!

EVERY PENNY GOES DIRECTLY TO BUILDING SCHOOLS.