

8:00 a.m. Holy Eucharist (BCP)

9:15 a.m. and 11:15 a.m. Holy Eucharist (BAS) [Propers p. 345]

Opening Hymn/Song: **"Glorify Thy Name"** #252

The Gathering of the Community p185

"Glory to God" p186

The Collect: ***Almighty and everliving God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal, keep us in the unity of your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.***

The Proclamation of the Word

First Lesson: Genesis 11: 1-9

Psalm: Psalm 104: 25-35, 37b p844

Second Lesson: Acts 2: 1-21

Gradual Hymn: **#405** (refrain, v. 1, refrain) #318

The Gospel: John 14: 8-17, 25-27

Message

The Apostles' Creed p189

The Prayers of the People

Confession and Absolution

The Peace

Offertory Hymn: **#646** #350

The Celebration of the Eucharist

Eucharistic Prayer #1 p193

The Lord's Prayer

Breaking of the Bread #8 p213

The Communion of the People

The Prayer after Communion p214

Closing Hymn: **#643** #41

Readings for May 30, Trinity Sunday: Proverbs 8: 1-4, 22-31;
Psalm 8; Romans 5: 1-5; John 16: 12-15.

In the World: We pray for peace in the world. We remember Rowan, Archbishop of Canterbury, Fred, Primate of the Anglican Church of Canada, Colin, Metropolitan of Ontario; Mary Sherwood and her ministry in Madagascar. In the Anglican Cycle of Prayer we pray for the Pentecost Whitsunday Mission. In Canada we pray for the people and clergy in the dioceses of the Council of the North. We remember the men and women of the Canadian Armed Forces and their families.

In our Diocese: We pray for John our Bishop. Today we pray for St. James the Apostle, Carp, Christ Church, Huntley and St. John's, Sixth Line with the Rev. Mark Whittall. We lift up the staff of the Administration Office: Michael Herbert, Jude Green, Joyce Couvrette, Beverly Skelton, Wendy FitzPatrick, Sandra McDonald and Bill Gilbert, and the members of the Financial Affairs Committee and its subcommittees.

In our Parish: We pray for Sue and Sid our Priests. We remember Elizabeth our Parish Administrative Assistant; Doug our Youth Director; our Liturgical Assistants; our Parish and Congregational Councils; our church musicians; our Kids' Church; the Apple Tree Ministry; Martha's; the Dundas County Food Bank; Naomi House; the Dundas County Hospice; the Pastoral/Spiritual Care Team at Winchester Hospital; our Prayer Ministry and our Pastoral Care Team. Today we pray for the Morrisburg Pentecostal Tabernacle and the Rev. Duncan Perry.

In our Extended Parish Family:

Sue McLaren, Syd Drennan, Carol Riddell, Gerda Cassell,

Nancy Horton, Ronnie McPhee, Ralph Thompson, Penny Pinch,

Sean Bradley, Michael VandeKamp, Kathy Picotte, Irene Bass,

Patricia Hrynyk-Turpin, Mark Peters, Grace Langill, Curtis Neal,

Micheline Cinnamon, Mary Laurin, Brenda Lavigne, Jeffrey Imrie,

Patricia White, Peter Dawson, Angie, Tawnya Green, Mary Ace,

Brenda Loucks, Joanne Wiseman, Alan Chanter, Kevin Robinson,

Anita Orendi, Bill Mongor, Cheryl Miller, Lise Brodeur, Derek Fyke,

Wendy Veldhoven, Donalda Hodgson, Joel Bradley, Stuart Peters,

Elizabeth Liezert, Mark Millward, Dorothy Reddick, Edna Gallinger,

Carol Robinson, Scott Becksted, Attila Gadoczi, Marilyn Coir,

Gabby Monette, Helen Lyng and George Pinch. We pray especially

for the family of Col. Geoff Parker who was killed in Kabul this week.

Please Note: Due to privacy legislation in future Extended Parish Family prayer lists family names will be removed.

This Week in the Parish (May 23- May 30)

Tuesday May 25	7:30pm Choir Practice at St. James'
Wednesday May 26	7:00pm St. John's Harvest Festival Planning Meeting
Thursday May 27	10:00am Christian Meditation at St. James' 12:00 noon Martha's lunch at St. John's
Friday May 28	7:00pm Youth Group at St. James'
Sunday May 30	8:00am Holy Eucharist at St. James' 9:15am Family Eucharist at St. James' with Family Breakfast following 11:15am Holy Eucharist at St. John's

St. John's Harvest Festival: The first planning committee meeting for the Harvest Festival will be held at St John's on Wednesday, **May 26** at 7p.m. Everyone is welcome. Contact Kitty Eamon @ 613-652-2336 if you have any questions.

The Morrisburg Christian Meditation Group wishes to invite you to an event to be held at **St. James' on Thursday, May 27 at 10 a.m.** followed by a Pot-Luck Lunch. The gathering will include a time of worship, brief talks given by two meditators and a 20 minute silent meditation. Suzanne Strader of Morrisburg will be giving a talk and showing a video on her 725km "Camino de Santiago" Walk which she completed last summer. Please RSVP Robin at robin.lane@persona.ca or phone 613-543-3412.

Martha's is at St. John's this Thursday, May 27. The last Martha's for this season will be on June 3 at St. James'. Martha's lunches are made possible by the free-will donations given at each lunch. Please keep this prayerfully in mind as we continue to enjoy the food, and fun at Martha's each week.

St. James' monthly Family Breakfast will take place on Sunday, May 30. Enjoy this great meal right after church!

St. John's Congregational Council meets Thurs., June 3.

The **New St. James Service Roster is ready.** Please be sure to pick up your copy for your involvement in the Services. If you need to switch your duties, please let the Rector or the Liturgical Assistant know. If there are any omissions, please contact Joyce LeRoy before the next Roster printing. Thank you for your ministry in the Services.

Our Parish Youth Group meets Fridays at 7:00pm at St. James'. Contact Doug Peters for more information.

The **Christian Meditation Group** meets every Thursday morning at St. James' at 10:30am. All are welcome.

You are invited to enjoy a time of coffee and fellowship after the service at St. James' every Sunday.

Parish Office Hours at St. James' are Tuesdays, Wednesdays and Thursdays from 10 a.m. to noon and 1 p.m. to 4 p.m. Please call or leave a message at 613-543-3904 or email: st.james@hotmail.com if you would like to contact Elizabeth Irwin. Our weekly bulletin is now available on the parish website: www.seawayanglicans.com .

We have hand sanitizers available for your use in our churches. Please remember that dipping the Communion bread in the Communion Cup is not permitted.

At St. James' each Sunday at the 9:15 a.m. service there is an opportunity for private prayer at Communion time. We invite you to join the weekly prayer team in the north-west corner of the church for confidential prayer for any personal concerns.

Everyone is invited to enjoy the **Seaway Valley Singers** annual **Hymn Sing** on Wednesday, May 26 at 7:30pm at Iroquois United Church. Refreshments will be served. Donations go to the Winchester Hospital Auxiliary.

“LOVE SOUTH DUNDAS” BEGINS!

Once again the churches of South Dundas are working together to show God's love to our community through acts of service and kindness between May 23 and June 6. For more information contact the parish office or Ruth Speer at speerb@personainternet.com.

SIGN-UP SHEETS FOR VARIOUS EVENTS ARE AVAILABLE AT THE BACK OF OUR CHURCHES TODAY.

Here is a meaningful way to get involved with a “Love South Dundas” event:

“Basket of Baked Blessings”

"Do you like to bake? (cookies, squares, muffins, etc.) **We are asking for donations of baked goods for Tuesday, May 25th.** Please contact one of the following people to arrange for pickup or for a location for drop off your goodies:

Tina DeJong - Williamsburg 613-535-2576

Cindy Cougler - Morrisburg 613-543-2878

Ruth Speer - Iroquois 613-652-2542

These baked goods will then be sorted and packaged by volunteers that evening at the Presbyterian Church in Morrisburg. We will be distributing these "Baskets of Baked Blessings" on Wednesday, May 26th to local service agencies as a "Thank You" for all they do!! (Police, Firefighters, Meals on Wheels, etc.)

UPDATE ON AMAZING GRANNIES' WALK ON JUNE 13 :

The **Amazing Grannies** are organising a Walk which will take place Sunday, June 13 starting at the Cruickshank Amphitheater at 1pm. After an official send-off by local dignitaries as well as music provided by Jean Ward and Mario Pronovost we will proceed along Lakeshore Drive until we have met our own limitations! Grandchildren, friends and relatives are invited to join us. It is hoped that collectively, as over 200 granny groups across Canada are participating the same day, we will walk the distance across Canada which is 8,000 km. Registration forms are available by contacting robin.lane@persona.ca. Registration fee is \$25.00 per family which includes the price of scarves made by Grandmothers in Africa.

Registration takes place right up until 1pm on the day of the walk as we now have insurance coverage for everyone involved.

Please phone Robin Lane 613-543-3412 if you would like additional information.

Schedule of services for St. John's

for the month of June.

June 6: Morning Prayer with Mark Lewis

June 13: St. John's Congregation worshipping at Knox Presbyterian Church at **11:00 a.m.**

(Note change in time of service.)

Barbeque to follow.

June 20: Regular service

June 27: Knox Presbyterian Congregation worshipping at St. John's at 11:15 a.m.

Pot-luck lunch to follow.

“Imagine one Day”

Doug is now passing through Desoronto!!

Doug Millard has joined an organization called **Imagine One Day (i1d)**, which builds schools for children in Ethiopia. Doug is part of a group of 15 that will be going to Ethiopia in September. In order to go, they must pay their own way and the team is obligated to raise \$100,000 toward building schools. Presently they are working in the Tigray region of Ethiopia. To raise money Doug is running the equivalent distance from Cornwall to Toronto (450 km.). He will be running in his spare time, with the goal of completing the run in 100 days. Visit the website (www.imagine1day.org) and scroll to the bottom, click on Participant Pages and the team is listed there. Scroll down to Doug and go on the “Donate to my Goal” link. Doug (652-2350) will also have a donation pledge sheet available or you can put your donation on the collection plate clearly marked “Imagine One Day”. Receipts will be issued.

EVERY PENNY GOES DIRECTLY TO BUILDING SCHOOLS.

LET'S ALL GET BEHIND DOUG AND GIVE HIM OUR FULL SUPPORT!

LET'S ROCK SOUTH DUNDAS

with our RAK's

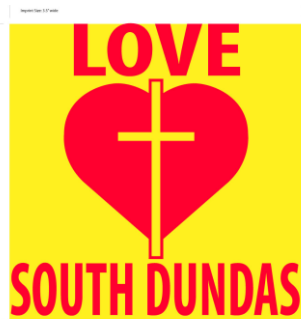
Suggestions for Random Acts of Kindness during Love South Dundas (May 23-June 6)

- ❖ Handout soft drinks at a park (with parents approval of course)
- ❖ Cold bottled water anyone? (say at South Dundas soccer)
- ❖ Offer to mow your senior neighbour's lawn (or other yard work)
- ❖ Pay for the coffee of the guy behind you in the drive-thru
- ❖ Giveaway whatever: Popsicles, peanuts, papers... (you get the idea)
- ❖ Write something nice on someone's Facebook wall
- ❖ Maybe wash windshields at a self-serve gas stop (with the owner's permission)
- ❖ Be a big hit giving away free Timmy's coffees
- ❖ Smile at someone
- ❖ Take someone fishing who otherwise wouldn't be able to
- ❖ Pay someone else's restaurant bill
- ❖ Free stamps at the post office door (they won't mind as long as you paid for them)
- ❖ Bring a dozen (or two) donuts to work (anyone's work)
- ❖ Bring someone something home baked! (you still know how, right?)
- ❖ Be a "big brother" or "big sister" to someone with who could use one
- ❖ Buy someone lunch
- ❖ Donate *extra* to the Food Bank
- ❖ Free fruit anyone?
- ❖ Do you think Mrs. Smith next door may need new smoke detector batteries?
- ❖ Bless someone with a bag of groceries that could use them
- ❖ Offer someone free babysitting, dog sitting... a chance for them to get away.
- ❖ Have someone over for a BBQ
- ❖ Give away free compliments (Don't you look nice today!)

- ❖ Be creative! Keep it simple! Find a need and fill it!

"Let your good deeds shine out for all to see, so that everyone will praise your heavenly Father."

Matthew 5:16 NLT



LET'S ROCK SOUTH DUNDAS

with our RAK's

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