

**8:00 a.m.** Holy Eucharist (BCP)

**9:15 a.m.** and 11:15 a.m. Holy Eucharist (BAS) [Propers p. 346]

Opening Hymn/Song: **#647** #1

**The Gathering of the Community** p185

"Glory to God" p186

The Collect: ***Father, we praise you: through your Word and Holy Spirit you created all things. You reveal your salvation in all the world by sending to us Jesus Christ, the Word made flesh. Through your Holy Spirit you give us a share in your life and love. Fill us with the vision of your glory, that we may always serve and praise you, Father, Son, and Holy Spirit, one God, for ever and ever. Amen.***

**The Proclamation of the Word**

First Lesson: Proverbs 8:1-4, 22-31

Psalm: Psalm 8 p711

Second Lesson: Romans 5:1-5

Gradual Hymn: **#405** (refrain, v. 2, refrain) #365

The Gospel: John 16: 12-15

Message

The Nicene Creed p188

The Prayers of the People

Confession and Absolution

The Peace

Offertory Hymn: **#1** #378

**The Celebration of the Eucharist**

Eucharistic Prayer #1 p193

The Lord's Prayer

Breaking of the Bread #2 p212

The Communion of the People

**The Prayer after Communion** p214

Closing Hymn: **#564** #391

**Readings for May 30:** 1 Kings 17:8-24; Psalm 146; Galatians 1:11-24; Luke 7:11-17

**In the World:** We pray for peace in the world. We remember Rowan, Archbishop of Canterbury, Fred, Primate of the Anglican Church of Canada, Colin, Metropolitan of Ontario; Mary Sherwood and her ministry in Madagascar. In the Anglican Cycle of Prayer we pray for the Church of the Province of Melanesia. In Canada we pray for the people and clergy in the dioceses of the Council of the North. We remember the men and women of the Canadian Armed Forces and their families.

**In our Diocese:** We pray for John our Bishop. Today we pray for St. Alban's, Maberly, St. Paul's, Lanark, St. John's, Balderson, St. Stephen's, Brooke, St. Andrew's, Sharbot Lake, St. James, Parham, St. Andrew the Fisherman, Bob's Lake with the Rev. Nancy MacLeod and for Military Chaplains from our Diocese: Lieutenant Colonel John Fletcher, Major Todd Meaker, Major George Scharf, Major Michelle Staples, Major Jacques Vaillancourt and their families.

**In our Parish:** We pray for Sue and Sid our Priests. We remember Elizabeth our Parish Administrative Assistant; Doug our Youth Director; our Liturgical Assistants; our Parish and Congregational Councils; our church musicians; our Kids' Church; the Apple Tree Ministry; Martha's; the Dundas County Food Bank; Naomi House; the Dundas County Hospice; the Pastoral/Spiritual Care Team at Winchester Hospital; our Prayer Ministry and our Pastoral Care Team. Today we pray for the Dunbar-Morrisburg Presbyterian Pastoral Charge and the Rev. Edward Charlton.

**In our Extended Parish Family we pray for:**

**Sue, Syd, Carol, Gerda, Nancy, Ronnie, Ralph, Penny,**

**Sean, Michael, Kathy, Irene, Patricia, Mark, Curtis,**

**Micheline, Mary, Brenda, Jeffrey, Patricia, Peter, Angie,**

**Tawnya, Mary, Brenda, Joanne, Alan, Kevin, Anita, Bill,**

**Cheryl, Lise, Derek, Wendy, Donald, Joel, Stuart,**

**Elizabeth, Mark, Dorothy, Edna, Carol, Scott, Attila,**

**Marilyn, Gabby, Helen, George, Art and Florianne.**

***Please Note: Due to privacy legislation family names have been removed from our Prayer List.***

Today we remember Doris Trayner and her family in the loss of John.

### **This Week in the Parish (May 30-June 6)**

<b>Tuesday June 1</b>	<b>10:00am Service at the Hartford Centre</b> <b>7:00pm VBS planning meeting at St. James'</b> 7:30pm Choir Practice at St. James'
<b>Thursday June 3</b>	12:00 noon Last Martha's lunch at St. James' <b>7:30pm St. John's Congregational Council</b>
<b>Friday June 4</b>	7:00pm Youth Group at St. James'
<b>Sunday June 6</b>	<b>8:00am Holy Eucharist at St. James'</b> <b>9:15am Family Eucharist at St. James'</b> <b>11:00am Holy Eucharist at Holy Trinity</b> <b>11:15am Morning Prayer at St. John's</b>

**The last Martha's Lunch for this season will be on June 3 at St. James'.** Martha's lunches are made possible by the free-will donations given at each lunch. Please keep this prayerfully in mind as we continue to enjoy the food, and fun at Martha's each week.

**St. John's Congregational Council meets Thurs., June 3.**

**St. James' Congregational Council will meet during the second week of June. Day to be announced.**

**The New St. James Service Roster is ready.** Please be sure to pick up your copy for your involvement in the services. If you need to switch your duties, please let the Rector or the Liturgical Assistant know. If there are any omissions, please contact Joyce LeRoy before the next Roster printing. Thank you for your ministry in the Services.

**Our Parish Youth Group meets Fridays at 7:00pm at St. James'. Their last get-together for this season will be on June 11.** Contact Doug Peters for more information.

The **Christian Meditation Group** will be meeting again in September.

**You are invited to enjoy a time of coffee and fellowship after the service at St. James' every Sunday.**

### **"LOVE SOUTH DUNDAS" HAS BEGUN!**

Once again the churches of South Dundas are working together to show God's love to our community through acts of service and kindness between May 23 and June 6. For more information contact the parish office or Ruth Speer at [speerb@personainternet.com](mailto:speerb@personainternet.com).

**SIGN-UP SHEETS FOR VARIOUS EVENTS ARE AVAILABLE AT THE BACK OF OUR CHURCHES TODAY.**

**Event: Gospel Night with Guest Organist, Tibor Csaszar**

**Where: Lakeshore Drive United Church**

**When: TODAY, May 30 at 7:00p.m. Refreshments following.**

Singers are invited to join as an Ecumenical Choir. Rehearsal starts at 6pm in Allan Hall. Bring Choir gowns if possible. Call June Perry 613-543-3887 to confirm attendance.

**Parish Office Hours at St. James' are Tuesdays, Wednesdays and Thursdays from 10 a.m. to noon and 1 p.m. to 4 p.m.** Please call or leave a message at 613-543-3904 or email: [st.james@hotmail.com](mailto:st.james@hotmail.com) if you would like to contact Elizabeth Irwin. Our weekly bulletin is now available on the parish website: [www.seawayanglicans.com](http://www.seawayanglicans.com).

**We have hand sanitizers available for your use in our churches. Please remember that dipping the Communion bread in the Communion Cup is not permitted.**

**At St. James' each Sunday at the 9:15 a.m. service there is an opportunity for private prayer at Communion time. We invite you to join the weekly prayer team in the north-west corner of the church for confidential prayer for any personal concerns.**

**THE AMAZING GRANNIES' WALK FOR THE STEPHEN LEWIS FOUNDATION ON JUNE 13 :** The Amazing Grannies are organizing a Walk which will take place Sunday, June 13 starting at the Cruickshank Amphitheater at 1pm and proceeding along Lakeshore Drive. Everyone is invited to join in. Over 200 Granny groups across Canada are participating the same day and they hope to walk the distance across Canada which is 8,000 km. Registration forms are available by contacting [robin.lane@persona.ca](mailto:robin.lane@persona.ca) or phone Robin Lane at 613-543-3412 for additional information.

## Schedule of services for St. John's

### for the month of June.

**June 6:** Morning Prayer with Mark Lewis

**June 13:** St. John's Congregation worshipping at Knox Presbyterian Church at 11:00 a.m.

(Note change in time of service.)

Barbeque to follow.

**June 20:** Regular service

**June 27:** Knox Presbyterian Congregation worshipping at St. John's at 11:15 a.m.

Pot-luck lunch to follow.

### **“Imagine one Day”**

Doug is now beyond Belleville!!

**Doug Millard** has joined an organization called **Imagine One Day (i1d)**, which builds schools for children in Ethiopia. Doug is part of a group of 15 that will be going to Ethiopia in September. In order to go, they must pay their own way and the team is obligated to raise \$100,000 toward building schools. Presently they are working in the Tigray region of Ethiopia. To raise money Doug is running the equivalent distance from Cornwall to Toronto (450 km.). He will be running in his spare time, with the goal of completing the run in 100 days. Visit the website ([www.imagine1day.org](http://www.imagine1day.org)) and scroll to the bottom, click on Participant Pages and the team is listed there. Scroll down to Doug and go on the “Donate to my Goal” link. Doug (652-2350) will also have a donation pledge sheet available or you can put your donation on the collection plate clearly marked “Imagine One Day”. Receipts will be issued.

**EVERY PENNY GOES DIRECTLY TO BUILDING SCHOOLS.**

**LET'S ALL GET BEHIND DOUG AND GIVE HIM OUR FULL SUPPORT!**

## **LET'S ROCK SOUTH DUNDAS**

**with our RAK's**

### **Suggestions for “Random Acts of Kindness” during Love South Dundas (May 23-June 6)**

- ❖ Handout soft drinks at a park (with parents approval of course)
- ❖ Cold bottled water anyone? (say at South Dundas soccer)
- ❖ Offer to mow your senior neighbour's lawn (or other yard work)
- ❖ Pay for the coffee of the guy behind you in the drive-thru
- ❖ Giveaway whatever: Popsicles, peanuts, papers... (you get the idea)
- ❖ Write something nice on someone's Facebook wall
- ❖ Maybe wash windshields at a self-serve gas stop (with the owner's permission)
- ❖ Be a big hit giving away free Timmy's coffees
- ❖ Smile at someone
- ❖ Take someone fishing who otherwise wouldn't be able to
- ❖ Pay someone else's restaurant bill
- ❖ Free stamps at the post office door (they won't mind as long as you paid for them)
- ❖ Bring a dozen (or two) donuts to work (anyone's work)
- ❖ Bring someone something home baked! (you still know how, right?)
- ❖ Be a “big brother” or “big sister” to someone with who could use one
- ❖ Buy someone lunch
- ❖ Donate *extra* to the Food Bank
- ❖ Free fruit anyone?
- ❖ Do you think Mrs. Smith next door may need new smoke detector batteries?
- ❖ Bless someone with a bag of groceries that could use them
- ❖ Offer someone free babysitting, dog sitting... a chance for them to get away.
- ❖ Have someone over for a BBQ
- ❖ Give away free compliments (Don't you look nice today!)
  
- ❖ Be creative! Keep it simple! Find a need and fill it!

“Let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.”  
Matthew 5:16 NLT

