

8:00 a.m. Holy Eucharist (BCP)

9:15 a.m. and 11:15 a.m. Holy Eucharist (BAS)

The Gathering of the Community p185
Opening Hymn: #383 #318
The Collect: ***Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.***

The Proclamation of the Word
First Lesson: Exodus 34: 29-35
Psalm: Psalm 99 p837
Second Lesson: 2 Corinthians 3: 12-4: 2
Gradual: #439 #615
The Gospel: Luke 9: 28-36
Message: The Ven. George Lambert
Apostles' Creed p189
The Prayers of the People
Confession and Absolution
The Peace
Offertory Hymn: #506 #350

The Celebration of the Eucharist
Eucharistic Prayer #2 p196
The Lord's Prayer
Breaking of the Bread #6 p213
The Communion of the People

The Prayer after Communion p214
Closing Song/Hymn: "I am the resurrection" #394

Readings for next Sunday, February 21: Deuteronomy 26: 1-11;
Psalm 91: 1-2, 9-16; Romans 10: 8b-13; Luke 4: 1-13

In the World: We pray for peace in the world, for Rowan, Archbishop of Canterbury for Mary Sherwood and her ministry in Madagascar. In the Anglican Cycle of Prayer we pray today for the Anglican Church in Central America. In our own country we pray for the people and clergy in the dioceses of the Council of the North. We remember the people of Haiti and those working to help them in the aftermath of the devastating earthquake there.

In our Diocese: We pray for John our Bishop. Today we pray for the Parish of Stafford- Whitewater: St. Augustine's, Beachburg, St. Paul's, Cobden, St. Mary's, Westmeath, St. Patrick's, Stafford, St. Stephen's, Micksburg and St. Thomas', Rankin and the Rev. Cathy McCaig. We also pray for the visitors, volunteers and staff of the Well/ La Source and Pat Connolly, director.

In our Parish: We pray for the Ven. George Lambert, Marilyn Markell and the Ven. Sid Irwin who are taking services in the parish today. We pray for the person who will be our new incumbent and those involved in the hiring process. We remember Elizabeth our Parish Administrative Assistant, Doug our Youth Director, our Liturgical Assistants, our Parish and Congregational Councils, our church musicians, our Kids' Church, the Apple Tree Ministry, Martha's, the Dundas County Food Bank, Naomi House, the Dundas County Hospice, the Pastoral and Spiritual Care Team at Winchester Hospital, our Prayer Ministry and our Pastoral Care Team. Today we pray for the Matilda United Church Pastoral Charge and the Rev. Andrew Love.

In our Extended Parish Family:

Sue McLaren, Syd Drennan, Carol Riddell, Gerda Cassell, Nancy Horton, Ronnie McPhee, Ralph Thompson, Penny Pinch, Sean Bradley, Patricia Hrynyk-Turpin, Michael VandeKamp, Kathy Picotte, Irene Bass, Mark Peters, Grace Langill, Ed Burton, Micheline Cinnamon, Mary Laurin, Brenda Lavigne, Jeffrey Imrie, Patricia White, Pixie Charles, Curtis Neal, Peter Dawson, Bud Bonner, Tawnya Green, Brenda Loucks, Don Hall, Mary Ace, Joanne Wiseman, Alan Chanter, Eileen Hunt, Anita Orendi, Bill Mongor, Wendy Veldhoven, Lise Brodeur, Donald Wilson, Dawn Becksted, Cheryl Miller, Keith Barkley, Piet de Zeeuw, Angie, Hubert and Edna Gallinger, Audrey Byers, Dorothy Reddick, Kevin Robinson, Liz Johnston, Mark Millward, Donald Hodgson and Carol Robinson.

This Week in the Parish (Feb. 14 to Feb.21)

Tuesday Feb. 16	1:30pm Banner-making at St. James' 7:30pm Choir Practice at St. James'
Wednesday Feb. 17	8:15am Ecumenical Youth Day at St. James'
ASH WEDNESDAY	11:00am Ecumenical Service at St. John's 7:00pm Holy Communion with the imposition of ashes at St. James'
Thursday Feb. 18	10:30am Christian Meditation at St. James' 12:00 noon Martha's lunch at St. James' 7:15pm Choir practice for Roger Jones' "The Rock" at St. James'
Friday Feb. 19	7:00pm Youth Group at St. James'
Sunday Feb. 21	8:00am Morning Prayer at St. James' (BCP) 9:15am Family Eucharist at St. James' 11:00am Holy Eucharist at Holy Trinity 11:15am Morning Prayer at St. John's 7:30pm Cursillo Ultreya at St. James'

St. John's Annual Vestry Meeting takes place today, after the 11:15am service, with a pot-luck lunch before the meeting. All members of the congregation are encouraged to attend this important meeting.

As a meaningful start to our Lenten Journey please join us on Ash Wednesday, February 17 at one of the following parish events:

8:15am to 3:15pm: Ecumenical Youth Day at St. James'
Please invite your friends and neighbours to enroll their children in this **FUN**, educational and spiritually uplifting event. Registration packages are available at the back of the churches.

11:00am: Ecumenical Ash Wednesday Service at St. John's in Iroquois.

7:00pm: Holy Communion with the imposition of ashes at St. James'.

Martha's Lunch will take place at St. John's in Iroquois on Thursday, February 25.

The Next Sunday Service Roster for St. James' is being prepared. Please contact Joyce LeRoy for any changes you would like to make in this next roster. (Phone: 613-543-2088 or email: jandelle55@yahoo.ca) Thanks to all who are willing to serve as readers, greeters, etc.

St. James' congregation: Your tax receipts for 2009 are available at the back of the church today.

Copies of the Annual Vestry Report are available in each church today. Please take one per family.

Vestry Meetings:

This year our **Annual Vestry (Congregational) Meetings** will be chaired by the Archdeacon for our Stormont Deanery, the Venerable Frank Kirby from Trinity, Cornwall.

Holy Trinity's will be held on **Thursday, February 25** at 2pm at the Church.

St. James' will be held on **Sunday, February 28**, after the 9:15am service. The meeting will be followed by a pot-luck lunch.

Please join us for coffee after the service at St. James' each Sunday.

An Invitation to all Families with Children: Come to a weekly Parish Family Fun Night at St. James' every Wednesday from 6:30 to 7:30pm. The evening consists of games, stories, fun and fellowship. Coffee, tea, juice and a small snack are served. Come and enjoy this time to connect and have fun. Invite your friends and their families too.

Our Parish Youth Group meets Fridays at 7 p.m. at St. James'.

We have hand sanitizers available for your use in our churches. Please remember that dipping the Communion bread in the Communion Cup is not permitted.

At St. James' each Sunday at the 9:15 a.m. service there is an opportunity for private prayer at Communion time. We invite you to join the weekly prayer team in the north-west corner of the church for confidential prayer for any personal concerns.

Parish Office Hours at St. James' are Tuesdays, Wednesdays and Thursdays from 10 a.m. to noon and 1 p.m. to 4 p.m. Please call and leave a message at 613-543-3904 or email: st.james@hotmail.com if you would like to contact Elizabeth Irwin. Our weekly bulletin is now available on the parish website: www.seawayanglicans.com.

An important message from our Pastoral Care Team and Clergy: If any member of the parish is admitted to a hospital please make sure that the Parish Office, the Pastoral Care Team and clergy are notified as to what hospital he or she is in and, if possible, the **room number**. Hospitals are now increasingly reluctant to give out patients' room numbers because of legislated privacy issues. To avoid disappointment, please make sure the information is passed on.

The Breakfast for Young Families at St. James' is being revamped to be a **Brunch for the Congregation** provided by our Young Families! Any proceeds will go to the Food Bank. The February brunch date is to be announced because of the Vestry meeting on Feb. 28. The first brunch last Sunday was a great success. Thanks to those who cooked a delicious meal!

The **Christian Meditation Group** meets every Thursday morning at St. James' at 10:30 a.m. All are welcome.

Introduction to Christian Meditation: Learn this practice of silent prayer in a six-week series on Thursday afternoons, from 2 to 4pm, February 18 to March 25 at Trinity Anglican Church, 105 Second Street West, Cornwall. Cost: \$20 payable in advance. For more information and to register contact the Rev. Jessica Worden at 613-933-3991 ext. 23 or email: jworden@trinityanglicancornwall.ca

“ROCK” (the musical) is coming to South Dundas!

This is **Roger Jones's** latest and last musical production. Over the years, we have enjoyed many of Roger's musicals, and as before, we are looking for people to sing in the choir. If you enjoy singing, please consider joining with others from the various churches in the area. No prior experience is necessary, just the enthusiasm to make a joyful noise and have fun.

Choir practices are held every Thursday evening at **7:15pm** at **St. James' Anglican Church Hall**.

There will be two performances of the **ROCK musical: March 27 in Morrisburg** and **March 28 at CCRC in Dixons Corners**.

Song Books are available at \$15.00 and Rock CD's at \$20.00 and the set for \$30.00. Please register ahead by calling **Nick or Jane Lee at 613-543-3339**.

There is a work bee happening on Tuesday afternoons at 1:30pm starting on Tuesday, February 2 to design and make a banner for the ROCK Musical. The group will be working in St. James' hall. If you are interested in helping with this project, please contact Jane Lee at 613-543-3339.

Needed: Meals-on-Wheels drivers for Iroquois. If you can volunteer, please call Glenn Becksted at 613-543-3574 or Joyce Millard at 613-652-2350.

A Day of Deeper Understanding for all Cursillistas! Saturday May 1, 2010 at St. Mark's, 1606 Fisher Ave., Ottawa. Time: 9:00am to 4:00pm. Contact leaders@oacm.ca for more information or go online to www.oacm.ca.