

**8:00 a.m.** Morning Prayer (BCP)

**9:15 a.m.** and 11:00 a.m. Holy Eucharist (BAS)

**The Gathering of the Community** p185  
Opening Hymn: #474 #175  
The Collect: ***Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.***

**The Proclamation of the Word**  
First Lesson: Deuteronomy 26: 1–11  
Psalm: Psalm 91: 1–2, 9–16 p828  
Second Lesson: Romans 10: 8b–13  
Gradual: #447 #620  
The Gospel: Luke 4: 1–13  
Message: The Ven. George Lambert  
Apostles' Creed p189  
The Prayers of the People  
Confession and Absolution  
The Peace  
Offertory Hymn: #619 #180

**The Celebration of the Eucharist**  
Eucharistic Prayer #2 p196  
The Lord's Prayer  
Breaking of the Bread #7 p213  
The Communion of the People

**The Prayer after Communion** p214  
Closing Song/Hymn: "Be unto your Name" #564

**Readings for next Sunday, February 28:** Genesis 15: 1-12, 17-18; Psalm 27; Philippians 3: 17-4:1; Luke 13: 31-35.

**In the World:** We pray for peace in the world, for Rowan, Archbishop of Canterbury and for Mary Sherwood and her ministry in Madagascar. In the Anglican Cycle of Prayer we pray today for the Anglican Church in Congo. In our own country we pray for the people and clergy in the dioceses of the Council of the North. We remember the people of Haiti and those working to help them in the aftermath of the devastating earthquake there.

**In our Diocese:** We pray for John our Bishop. Today we pray for St. John's, Quyon, St. Luke's, Eardley and all who minister there. We also pray for the members of the Synod Management Committee and for the visitors, volunteers, chaplain and staff of The Anglican Social Services/Centre 454 with Mary-Martha Hale, Director.

**In our Parish:** We pray for the Ven. George Lambert, Marilyn Markell and the Ven. Sid Irwin who are taking services in the parish today. We pray for the person who will be our new incumbent and those involved in the hiring process. We remember Elizabeth our Parish Administrative Assistant, Doug our Youth Director, our Liturgical Assistants, our Parish and Congregational Councils, our church musicians, our Kids' Church, the Apple Tree Ministry, Martha's, the Dundas County Food Bank, Naomi House, the Dundas County Hospice, the Pastoral and Spiritual Care Team at Winchester Hospital, our Prayer Ministry and our Pastoral Care Team. Today we pray for the Iroquois-Cardinal Presbyterian Pastoral Charge and the Rev. Geoff Howard.

**In our Extended Parish Family:**

**Sue McLaren, Syd Drennan, Carol Riddell, Gerda Cassell, Nancy Horton, Ronnie McPhee, Ralph Thompson, Penny Pinch, Sean Bradley, Patricia Hrynyk-Turpin, Michael VandeKamp, Kathy Picotte, Irene Bass, Mark Peters, Grace Langill, Ed Burton, Micheline Cinnamon, Mary Laurin, Brenda Lavigne, Jeffrey Imrie, Patricia White, Pixie Charles, Curtis Neal, Peter Dawson, Bud Bonner, Tawnya Green, Brenda Loucks, Mary Ace, Joanne Wiseman, Alan Chanter, Eileen Hunt, Anita Orendi, Bill Mongor, Wendy Veldhoven, Lise Brodeur, Donald Wilson, Dawn Becksted, Cheryl Miller, Piet de Zeeuw, Angie, Hubert and Edna Gallinger, Audrey Byers, Elizabeth Liezert, Dorothy Reddick, Kevin Robinson, Liz Johnston, Mark Millward, Donald Hodgson and Carol Robinson.**

**This Week in the Parish (Feb. 21 to Feb.28)**

<b>Sunday Feb. 21</b>	<b>Family Breakfast after the 9:15am service at St. James'</b> <b>7:30pm Cursillo Ultreya at St. James'</b>
<b>Tuesday Feb. 24</b>	1:30pm Banner-making at St. James' 7:30pm Choir Practice at St. James'
<b>Thursday Feb. 25</b>	10:30am Christian Meditation at St. James' <b>12:00 noon Martha's lunch at St. John's</b> <b>7:15pm Choir practice for Roger Jones'</b> <b>"The Rock" at St. James'</b>
<b>Friday Feb. 26</b>	7:00pm Youth Group at St. James'
<b>Sunday Feb. 28</b>	8:00am Holy Eucharist at St. James' (BCP) 9:15am Family Eucharist at St. James' 11:15am Holy Eucharist at St. John's 10:45am <b>St. James' Vestry meeting</b>

**The Breakfast for Young Families** at St. James' has been revamped to be a **Brunch for the Congregation** provided by our Young Families! Any proceeds will go to the Food Bank. **The February Brunch takes place TODAY.** Please join us for a delicious meal in the hall after the 9:15am service.

The Rev. Jon Martin from the Parish of North Dundas will be celebrating at the Ultreya Service at St. James' tonight.

**Martha's Lunch will take place at St. John's in Iroquois this Thursday, February 25.**

**The next regular service at the Hartford Retirement Centre will be on Tuesday, March 2 at 10:00am.**

The new **St. James' Service Roster is ready.** Please be sure to pick up your copy for your involvement in the services. If you need to switch your duties, please let the Liturgical Assistant or Elizabeth Irwin know. If there are omissions, please contact Joyce LeRoy before the next Roster printing. Thank you for your ministry in the services.

**Vestry Meetings:**

This year our **Annual Vestry (Congregational) Meetings** are being chaired by the Archdeacon for our Stormont Deanery, the Venerable Frank Kirby from Trinity, Cornwall.

**Holy Trinity's** will be held on **Thursday, February 25** at 2pm at the Church.

**St. James'** will be held on **Sunday, February 28**, after the 9:15am service. The meeting will be followed by a pot-luck lunch.

**Copies of the Annual Vestry Report are available in each church today. Please take one per family.**

**An Invitation to all Families with Children: Come to a weekly Parish Family Fun Night at St. James' every Wednesday from 6:30 to 7:30pm.** The event includes games, stories, fun and fellowship. Coffee, tea, juice and a small snack are served. Come and enjoy this time to connect and have fun. Invite your friends and their families too.

**Our Parish Youth Group meets Fridays at 7 p.m. at St. James'.**

**The World Day of Prayer services for this year will be held on Friday, March 5 at 7pm at St. Paul's Lutheran Church in Morrisburg and at St. Cecilia's Roman Catholic Church in Iroquois.**

An excellent program called "Taste and See" designed to help us do just that is being held **Saturday, March 6** at Saint Paul University in Ottawa. It is co-sponsored by the Diocese of Ottawa (as one of the Lay Leadership Development activities) and the Anglican Studies Program at SPU. Various morning and afternoon workshops on different styles of prayer are available.

**Tomorrow, February 22, is the early bird deadline for registration.** Today or tomorrow the fee is \$25. After tomorrow the fee rises to \$30. The day includes refreshments and lunch. **For more information please contact Jane Lee (613-543-3339) who is organizing transportation.**

At St. James' each Sunday at the 9:15 a.m. service there is an opportunity for private prayer at Communion time. We invite you to join the weekly prayer team in the north-west corner of the church for confidential prayer for any personal concerns.

**We have hand sanitizers available for your use in our churches. Please remember that dipping the Communion bread in the Communion Cup is not permitted.**

**An important message from our Pastoral Care Team and Clergy:** If any member of the parish is admitted to a hospital please make sure that the Parish Office, the Pastoral Care Team and clergy are notified as to what hospital he or she is in and, if possible, the **room number**. Hospitals are now increasingly reluctant to give out patients' room numbers because of legislated privacy issues. To avoid disappointment, please make sure the information is passed on.

The **Christian Meditation Group** meets every Thursday morning at St. James' at 10:30 a.m. All are welcome.

**Introduction to Christian Meditation:** Learn this practice of silent prayer in a six-week series on Thursday afternoons, from 2 to 4pm, February 18 to March 25 at Trinity Anglican Church, 105 Second Street West, Cornwall. Cost: \$20 payable in advance. For more information and to register contact the Rev. Jessica Worden at 613-933-3991 ext. 23 or email: [jworden@trinityanglicancornwall.ca](mailto:jworden@trinityanglicancornwall.ca)

**"ROCK"** (the musical) is coming to South Dundas! Over the years, we have enjoyed many of Roger Jones' musicals and we look forward to having him and his team with us again on Palm Sunday weekend. There is a choir of 50 people who practise at St. James' every Thursday! There will be two evening performances of the **ROCK musical: March 27 in Morrisburg** and **March 28 at CCRC in Dixons Corners.**

**Needed: Meals-on-Wheels drivers for Iroquois.** If you can volunteer, please call Glenn Becksted at 613-543-3574 or Joyce Millard at 613-652-2350.

**Looking ahead:**

**St. John's Annual Roast Beef Dinner will be held on Saturday April 24<sup>th</sup>.**

**A Day of Deeper Understanding for all Cursillistas!** Saturday May 1, 2010 at St. Mark's, 1606 Fisher Ave., Ottawa. Time: 9:00am to 4:00pm. Contact [leaders@oacm.ca](mailto:leaders@oacm.ca) for more information or go online to [www.oacm.ca](http://www.oacm.ca).

**Parish Office Hours at St. James' are Tuesdays, Wednesdays and Thursdays from 10 a.m. to noon and 1 p.m. to 4 p.m.** Please call and leave a message at 613-543-3904 or email: [st.james@hotmail.com](mailto:st.james@hotmail.com) if you would like to contact Elizabeth Irwin. Our weekly bulletin is now available on the parish website: [www.seawayanglicans.com](http://www.seawayanglicans.com) .